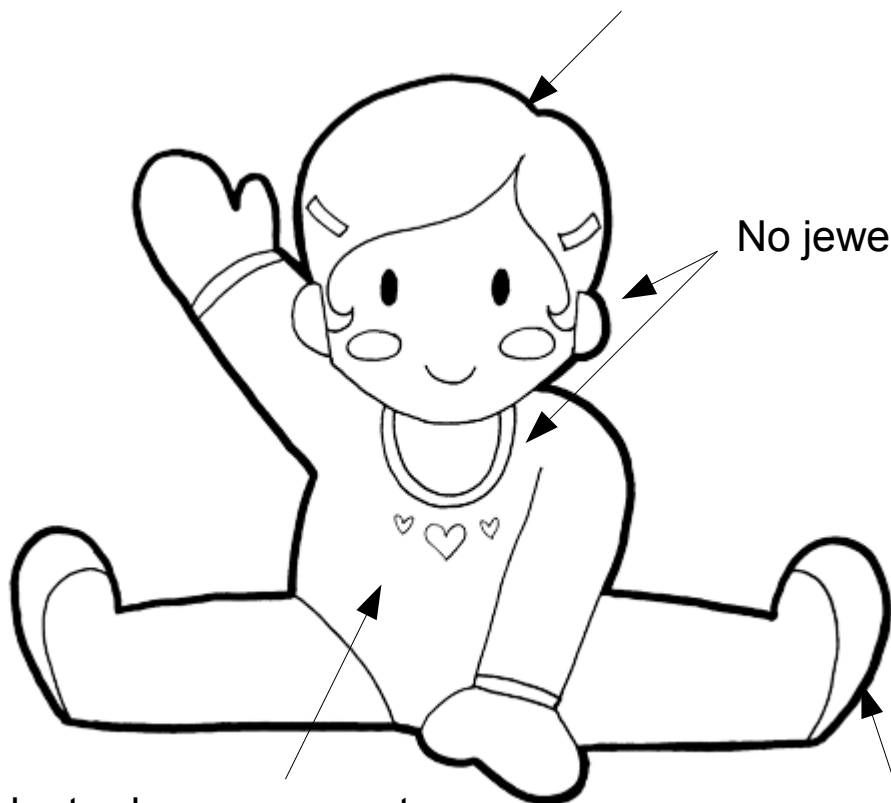


# *Rhythmic Gymnastics of Indiana*

## Recreational Dress Code

Hair pulled away from the face, so it does not to interfere during somersaults. Long hair will need to be put into a bun.



No jewelry.

Gymnastics leotard or **snug** sport shorts/tights and shirt. Shirt must be tight enough to perform cartwheels without exposing belly. Shorts/tights must be snug enough so that the coaches can see the child's leg positions.

Half-shoes, ballet shoes, or socks.